



NEXT GENERAL MEETING

Tuesday, November 17, 7:30 p.m.



Janet's Java

*Special Guest: Pascale Maslin of
Energy Efficient Experts (see below
for details)*

JMCA EVENTS

Saturday, December 5, 6–9 p.m.:

JMCA Holiday Party

Janet's Java

See details inside this newsletter

Tuesday, December 15:

General Board Meeting

Open to the Public

Location details will be posted on the JMCA website

January 1: Newsletter ads & articles due

JMCA ON THE WEB

Website: <http://www.jeffersonmanor.org>

Listserv: <http://groups.yahoo.com/group/jeffersonmanor>

Parents group: <http://groups.yahoo.com/group/jeffersonmanorparents>

Learn How to Be Green

Our guest speaker for the November 17 General Membership Meeting is **Pascale Maslin of Energy Efficient Experts** (www.epower3.com). Pascale will explain the benefits of investing in an energy audit for your home and how you can save money by using less energy. This is a great idea for those of you interested in reducing your carbon footprint by preserving natural resources through energy conservation. It doesn't hurt that many of the energy efficiency fixes are tax-deductible, making this a great time to consider these types of projects. Find out more at the meeting, including an offer for JMCA discounts for audit services.

President's Letter

It is hard to imagine that another year has passed, and we are again in the midst of JMCA's busiest social season. It seems like the annual picnic just wrapped up, the planning for our holiday party is ramping up, and once I get done writing this, I am off to the annual Halloween costume parade. What makes these events so memorable are the great people who give their time and effort to make them happen.

I finally have good news to report on the traffic calming efforts in the neighborhood. Early this summer, the county Department of Transportation conducted a traffic study along our major cut-through streets. Fort, Farmington, and Edgehill all hit the traffic volume marks to qualify for further traffic calming. In accordance with the county's traffic calming program, the JMCA has set up a task force of residents to work with county staff on this. Once the staff and the task force approve a plan, it will be presented to the community. We will be conducting a neighborhood-wide vote on that plan once it is completed. While we still have a ways to go, I am hopeful that this issue, which has been worked on for over a decade, will have a happy ending for us.

Unfortunately, not everything is puppy dogs and rainbows these days. In the last week of October, we had a rash of car break-ins. While the thief only took loose change (in one case only taking quarters and leaving the other coins), this does remind us that we are not insulated from these types of incidents. The full scale of the event, close to a dozen vehicles, only became apparent after a lengthy discussion on our community listserv. Most people did not report this to either the Neighborhood Watch program or the police. You are the eyes and ears of our community. Without your voice, the JMCA, Neighborhood Watch, and the police are unable to charge ahead in resolving these issues.

As a reminder, we have an on-line reporting tool that allows you to anonymously report incidents in the neighborhood. This can be found at www.jeffersonmanor.org/watch/add_incident.php. Whether it is suspicious activity, overcrowding in a house, or other zoning issues, please take advantage of this tool. The information is emailed to Kathleen Atkinson (our Neighborhood Watch captain) and myself. We review the

information and send it along to the appropriate people. This has helped us in many cases over the years.

With that in mind, please be safe this holiday season. I hope to see you all at our next meeting on November 17 at Janet's Java. Have a wonderful Thanksgiving and holiday season.

Best wishes,

Chris Soule, President

Jefferson Manor Citizens Association

president@jeffersonmanor.org

About JMCA

JMCA is a volunteer citizens' group devoted to the betterment of the Jefferson Manor neighborhood. Membership is \$20 annually, paid at the membership meetings or to JMCA, P.O. Box 4104, Alexandria, VA 22303. JMCA membership is annual, from January to December. For more information, visit: www.JeffersonManor.org or email us at: info@JeffersonManor.org.

JMCA Board Members

(4/2009–3/2010)

Chris Soule, President
President@JeffersonManor.org

Claire McDonough, Vice President
VP@JeffersonManor.org

Richard Ewell, Treasurer
Treasurer@JeffersonManor.org

Jim Martin, Secretary
Secretary@JeffersonManor.org

Brian Allen, Director

Richard Cassara, Director

Steve Eide, Director

Maeve Ulrich, Director

Kathleen Atkinson, Neighborhood
 Watch Advisor to the Board

JMCA Activities

Neighborhood Watch
watch@JeffersonManor.org

Home Improvement Committee
homeimprovement@JeffersonManor.org

Land Use Committee
landuse@JeffersonManor.org

Parents' Group
parents@JeffersonManor.org

Social Committee
social@JeffersonManor.org

Transportation Committee
transportation@JeffersonManor.org

Web Site Committee
website@JeffersonManor.org

Neighborhood News Newsletter

Please direct any requests or questions about Neighborhood News to: newsletter@JeffersonManor.org

Kristina Mann, Editor-in-chief
 Kelly Marshall, distribution

Recipe Corner

Do you have a recipe to share with your neighbors? Email newsletter@jeffersonmanor.org.

Creamy Carrot Soup

1 tablespoon extra-virgin olive oil
 1 ¾ cups chopped Vidalia or other sweet onion
 2 pounds carrots, cut into ½-inch pieces
 1 teaspoon fine sea salt
 ½ teaspoon ground black pepper
 dash of ground ginger
 2 cups water
 2 cups fat-free, less-sodium chicken broth
 2 tablespoons heavy cream, divided



- (1) Heat oil in a large pot over medium heat. Add onion and carrots to pan; cook 10 minutes, stirring frequently. Stir in salt, pepper, and ginger.
- (2) Add 2 cups of water and broth to pan; bring to a boil. Cover, reduce heat, and simmer 25 minutes or until carrots are tender. Remove from heat; cool.
- (3) Place half of carrot mixture and 1 tablespoon cream in a food processor or blender; process 20 seconds or until smooth. Pour pureed mixture into a large bowl. Repeat procedure with remaining carrot mixture and 1 tablespoon cream. Return mixture to pot; cook over medium heat until thoroughly heated.

Yields 4 servings (serving size 1 1/2 cups).

—Maeve Ulrich, Monticello Drive

Coca-Cola Pot Roast

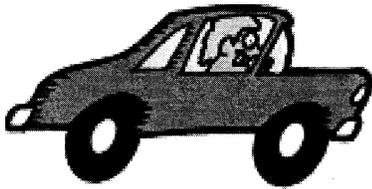
This is a family favorite. Cheap, easy and so very very good on a cold day.

1 pot roast
 salt/pepper
 1 T flour
 1 bottle Heinz Chili Sauce
 1 12 oz or 16 oz can of Coca-Cola (depends on size of pot roast)

- (1) Salt and pepper pot roast, put pot roast in dutch oven or slow cooker.
 - (2) Sprinkle flour over pot roast and brown on all sides. Turn down to simmer.
 - (3) Pour bottles of chili sauce and can of Coca-Cola over the pot roast. Put top on and cook on low for about four hours.
 - (4) Baste and turn the pot roast occasionally, spooning the gravy over the top.
- Serve over rice, mashed potatoes, or wide egg noodles.

—Claire McDonough, Jefferson Drive

Visit the JMCA Web Site at <http://www.jeffersonmanor.org>
 for a color version of this newsletter.



New Lee District Community Parking District to Go into Effect November 18

The Lee District Large Area Community Parking District will go into effect November 18. Under the new district parking rules, large trucks, boats and recreational vehicles may not be parked on residential streets. Until December 18, the police will issue warning notices on any such vehicles. From December 18 on, they will issue a 48-hour warning notice. Should a vehicle not be moved, the police will issue a ticket, with the vehicle towed after an additional 48 hours.

For more detailed information or further questions, contact Joan Clark in Supervisor McKay's office at (703)-971-6262 or joan.clark@fairfaxcounty.gov.

Traffic Study Update

As part of the next steps in the traffic study conducted a while ago a task force of residents has been formed to work with Fairfax County. We have met with the county to review our options based on the study results. The roads that qualified for traffic calming measures were Farmington Drive (from North Kings Highway to Telegraph Road), Fort Drive (from North Kings Highway to Edgehill Drive), and Edgehill Drive (from Farmington Drive to Fort Drive).

The county has provided three traffic calming measures available to us: speed hump, speed table, and raised crosswalk. The speed hump and table are more easily employed whereas the raised crosswalk has restrictions as to placement in relation to stop signs and intersections. The task force will be meeting with the county officials and engineers in late November to review potential locations for the traffic calming measures. Once a plan is established it will be published for the community for review and comment.

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“DO YOUR CHRISTMAS SHOPPING ON US”

Mention the JMCA newsletter and receive December's rent for free for December 1st move-ins on approved 13 month leases. Any Jefferson Manor resident will receive a \$50 Target Gift Certificate for a referral who signs a new lease by November 30, 2009. Stop by our management office and mention this ad. Limited time only.

JMCA Halloween Costume Contest and Parade

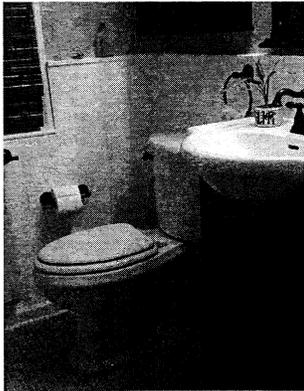
An overflow crowd of at least 130 Jefferson Manor residents (and that's not even counting the dogs!) turned out for this annual event, held on Halloween afternoon. There were some mighty inventive costumes (the banana dog and Bruce Wayne family come immediately to my mind, but there was a full menagerie of non-dog animals and a Harry Potter tome's worth of magical creatures). Anne and Ben Charboneau were the perfect hosts, organizing refreshment, prizes, and a gooey "touching laboratory." Thanks also goes to Sally Stephens and the Parents Group for helping organize and publicize the group, and to the costume contest judges.





Home Improvement Idea Exchange

This month's question: How have you improved bathroom(s) in your home?



Julie M. Sibbing of Edgehill Drive shares: "I just last week completed a rehab of my upstairs bathroom that turned out very nice. Instead of the expense of a demolition, I had the tub and tile around the tub resurfaced (it turned out very nice), covered the wall tile in the rest of the bathroom with beadboard, and laid a new tile floor over the old. I replaced all the fixtures, including

a new rain-head shower fixture. One feature I found to work especially well in our small bath was the installation of a 'euro-top' vanity. While providing storage, this vanity allows the door to clear the sink. I found those sold at Home Depot and Lowe's to be of poor construction, so I ordered one online after seeing it firsthand at the Happy Valley Home Center in Fairfax. Neighborhood contractor Terry Andrade with AZF contracting did the work."

A neighbor on Williamsburg Road recalls: "A few years ago, I had the ugly pink and black original tile and tub professionally enameled white. It's been several years and it still looks great. An alternative for those who don't have the money or inclination to have it all ripped out."

Send your home/yard improvement tips to newsletter@jeffersonmanor.org.

HANDYMAN SERVICES

Retired Contractor and Jefferson Manor resident offering services:
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JEFFERSON MANOR'S REAL ESTATE MARKET REPORT — SUMMER OF 2009

Status	Address	BR	BA	List\$	Sold\$	Settled
Sold*	2810 Albemarle	2	1	\$325000	\$335000	9/28/09
Sold	2721 Jefferson Dr	3	2	\$389000	\$385000	9/15/09
Sold*	5849 Monticello	2	2	\$325000	\$325000	9/11/09
Sold*	6002 Williamsburg	2	1	\$343000	\$343000	8/27/09
Sold	5921 Edgehill Ct	2	2	\$339900	\$349900	8/24/09
Sold*	2803 Jefferson Dr	2	1	\$275000	\$270000	8/21/09
Sold*	2702 Albemarle	2	1	\$349000	\$330000	8/21/09
Sold	6004 N Kings Hwy	3	2	\$299999	\$310000	8/21/09



Tom Rickert is a resident & Jefferson Manor Specialist w/over 110+ transactions in Jefferson Manor alone!

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 Email—realtor@crosslink.net

Information provided by area Metropolitan Regional Information Systems. It may contain sales not made by the Coldwell Banker agent or Coldwell Banker. Information deemed reliable, but not guaranteed. *Tom's Sales!

Thinking of Selling or Renting? In this market, the most important decision you make is who to work with! Now offering property management & tenant screening services.

Neighbor News

- Welcome to Steve and Katy May and their daughter Julia (3 1/2) and son William (2) who just moved to 2714 Jefferson Drive.
- Welcome also to Paul S. Cianciolo who just moved to 2721 Jefferson Drive in September.
- Congratulations to longtime Edgehill Drive resident Melissa Gray, who recently published her first book: *All Cakes Considered: A Year's Worth of Weekly Recipes Tested, Tasted, and Approved by the Staff of NPR's All Things Considered*. Gray began the book after setting a goal of bringing a cake to work every Monday for a year to share with her delighted colleagues. She began trying dozens of recipes, the products of some making their way to neighbors up and down the street for testing. The book is more than a cookbook, with stories and Gray's delightful sense of humor making it an enjoyable read—even if you think all cakes come from Duncan Hines boxes! (Thanks to Julie Sibbing for this submission.)

Send Neighbor News submissions to Richard Ewell at treasurer@jeffersonmanor.org.



Josie S Keat, DDS
GENERAL DENTIST

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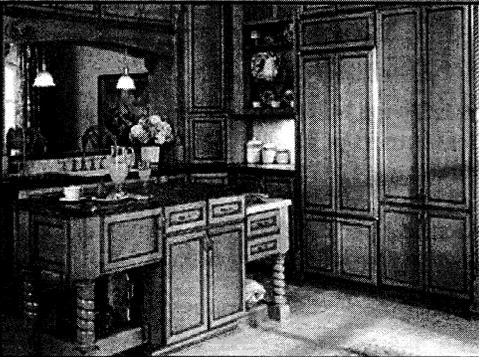
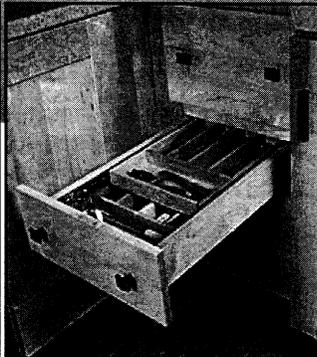
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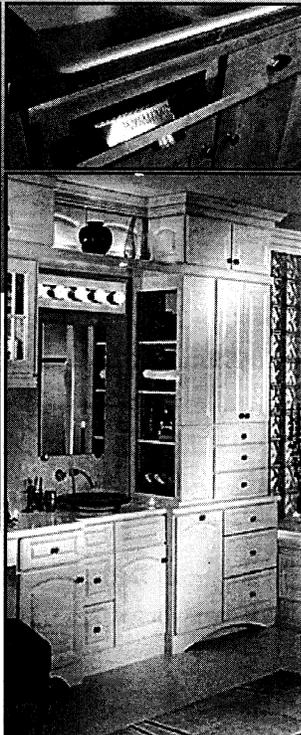
MOHLAWK INDIANIA **ETERNA**

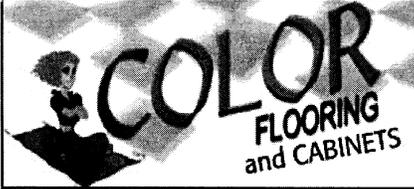
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JMCA Social Committee News

Annual Picnic: About 100 Jefferson Manor residents braved a surprisingly cool and blustery September 12 to celebrate the end of summer with their neighbors. As usual, JMCA provided hot dogs, hamburgers, and non-alcoholic beverages. Many thanks to the volunteers who helped set up, clean up, and man the barbecue grills. An additional vote of thanks goes to the many residents who brought side dishes to share. We look forward to seeing all of you again next summer, and hopefully many times in between, starting with ...

The Jefferson Manor Annual Pot-Luck Holiday Party will take place Saturday, December 5, from 6-9 p.m. at Janet's Java. As usual, JMCA will provide non-alcoholic beverages. We ask that residents bring an entrée, side dish, or dessert (for 6-10 people) to share. Janet's no longer has a license for serving alcohol, so this year's event will be alcohol-free. We also will need volunteers to provide coolers and tables, set up ahead of time, and clean up afterwards. If you can volunteer either your equipment or your time (or both!), please contact JMCA Social Committee chairman Jim Martin (social@jeffersonmanor.com).

Eagles' Wings Tutoring Program

The tutoring program at Calvary Presbyterian Church that supports students from our very own Mount Eagle Elementary School has begun, with volunteers helping 26 students each week.

If you'd like to get involved, it's not too late! Substitute tutors are always needed, and if you are interested in a more regular commitment, there are students on the waiting list for a permanent tutor.

Tutoring takes place on Wednesday evenings, and there are two sessions: 7:00 p.m.–8:00 p.m. and 7:30 p.m.–8:30 p.m. This is a terrific outreach program that benefits not only the Mount Eagle students but the tutors and community at large. Questions? Feel free to contact any of last year's tutors (Patricia Sismondo, Julie Sibbing, Eric McCormick, Ray Kelly, Jill Sallen, and Tim Gaydos) or the program director, Susan Palmer, at 703-768-2319 or ppalmerse@aol.com. Registration forms also are available from Susan Palmer.

Join the JMCA Board!

The JMCA Board has a mid-term vacancy. A vote to fill this Director seat will be held at the meeting on November 17. If interested in serving, please contact Chris Soule at president@jeffersonmanor.org.

2009 JMCA MEMBERSHIP APPLICATION

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

CHECK ONE: RENEWAL NEW MEMBER

I authorize JMCA to share my contact information with other JMCA members.

I have included \$ _____ as a donation to JMCA to help with the publication cost of Neighborhood News.



**Jefferson Manor
 Citizens Association**



Any residents of the Jefferson Manor subdivision over the age of 18 and non-resident owners of property in the Jefferson Manor subdivision are entitled to membership in the Jefferson Manor Citizens Association. Membership dues are \$20 per household (\$10 for seniors) per calendar year. Complete this application & mail with a check or money order to:

JMCA
 P.O. Box 4104
 Alexandria, VA 22303