



NEXT GENERAL MEETING



Tuesday, July 16, 7:30 p.m.

Mount Eagle Elementary

Topic: The executive director of the S.E. Fairfax Dev. Corp will discuss the on-going redevelopment of the Rt. 1 corridor

JMCA EVENTS

**Tuesday, August 20:
General Board Meeting**

Open to the Public

Location details will be posted on the JMCA website

**Tuesday, August 6:
National Night Out**

JMCA ON THE WEB

Website: <http://www.jeffersonmanor.org>

Listserv: <http://groups.yahoo.com/group/jeffersonmanor>

Parents group: <http://groups.yahoo.com/group/jeffersonmanorparents>

Facebook: Search Facebook groups for Jefferson Manor Citizens Association

Nextdoor.com: https://jeffersonmanorva.nextdoor.com/news_feed/

JMCA Neighborhood News 2013 Advertising Rates

Pricing per issue
full page: \$210
1/2 page: \$110
1/4 page: \$60
1/8 page: \$35

For information email
Newsletter@Jeffersonmanor.org.

¿Tiene usted preguntas
sobre JMCA? Llame a
Sonia al 703-329-1882.

President's Letter

Sitting down to write this edition of the President's Letter, I was thinking of the usual topics we cover. Accomplishments in the neighborhood, previews of our upcoming events, welcoming our newest friends and neighbors. While there is plenty of that to go around, the idea of community is foremost in my mind. It's a topic that is at the heart of a civic association and civic participation. What, exactly, makes Jefferson Manor unique? Why do we seem to form bonds with those around us as quickly and tightly as we have?

One reason is that we are blessed with a sense of continuity and history of our community. While we greet each moving truck with open arms and wide smile, we celebrate those who have made long-term investments in the neighborhood. These people help remind us where we have come from, so that we can more clearly see where we are going. No family embodied this more than Al and Sandy Snyder of Montecello Road.

Al and Sandy were here from the beginning. Moving into their house in the late 1940s, they were here to help write the story of Jefferson Manor that continues today. Nobody was happier to see the modern rebirth of our piece of Fairfax county than they were. When the baby boom of 2005 kicked off, Al and Sandy were thrilled to see the strollers and beaming new parents walking our streets. For myself, Al would always stop on his walks to fill me in on the issues of the day. Much to my embarrassment, he would always call me "Mr. President." It never ceased to bring a smile to my face.

Al and Sandy moved to the Paul Springs retirement community in 2011. To help them feel at home, the JMCA had a local resident do a charcoal sketch of their house. Sadly, at age 91, Al passed away this spring. The JMCA sent flowers, which while appreciated by the family, falls short of the depth of fondness that Jefferson Manor has for him and Sandy. We are hoping to have a tribute to Al and Sandy that befits their place in our hearts and community in the near future.

Al helped to weave the quilt that is what we are today. We are blessed with an energetic and creative group of volunteers forging ahead for a brighter and better Jefferson Manor. I would hope that in seeing this arc, you are inspired to put your mark on the story of the community as well. Big things continue to happen here, and I am honored to be continuing on that thread that ties us back to people like Al and Sandy.

Best wishes,

Chris Soule

President, Jefferson Manor Citizens Association
president@jeffersonmanor.org

About JMCA

JMCA is a volunteer citizens' group devoted to the betterment of the Jefferson Manor neighborhood. Membership is \$20 annually, paid at the membership meetings or to JMCA, P.O. Box 4104, Alexandria, VA 22303. JMCA membership is annual, from January to December. For more information, visit: *www.JeffersonManor.org* or email us at: *info@JeffersonManor.org*.

JMCA Board Members

(4/2013–3/2014)

Chris Soule, President
President@JeffersonManor.org

Julie Upham, Vice President
VP@JeffersonManor.org

Maeve Ulrick, Co-Treasurer
Treasurer@JeffersonManor.org

Shawn Ulrick, Co-Treasurer
Treasurer@JeffersonManor.org

Amanda Allen, Secretary
Secretary@JeffersonManor.org

Brian Allen, Director

Ashley Davis, Director

Kat Sumida, Director

Dave Wiegold, Director

Roberta Zimmerman, Director

JMCA Activities

Neighborhood Watch
Jmnw2012@yahoo.com

Home Improvement Committee
homeimprovement@JeffersonManor.org

Land Use Committee
landuse@JeffersonManor.org

Parents' Group
parents@JeffersonManor.org

Social Committee
social@JeffersonManor.org

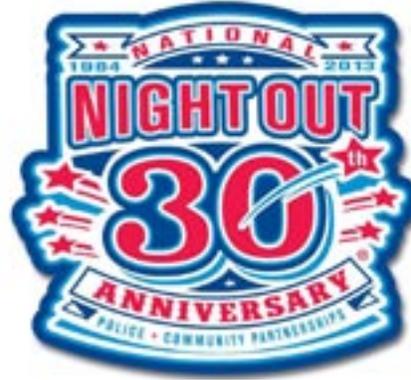
Transportation Committee
transportation@JeffersonManor.org

Website Committee
website@JeffersonManor.org

Neighborhood News Newsletter

Please direct any requests or questions about Neighborhood News to: *newsletter@JeffersonManor.org*

Kristina Mann, editor-in-chief
Kelly Marshall, distribution



Jefferson Manor National Night Out Celebration

Mark your calendars for Tuesday, August 6, when Jefferson Manor will be participating in its 9th annual National Night Out. National Night Out is an annual neighborhood-based crime and drug prevention event. This event is observed on the same date in thousands of communities in all 50 states, U.S. territories, Canadian cities and military bases around the world.

Jefferson Manor Neighborhood Watch and the JMCA will be sponsoring a free hamburger and hot dog cookout at our neighborhood Jefferson Manor Park from 6:30 to 8:30 p.m. National Night Out is an annual occasion for neighbors to get together, strengthen neighborhood spirit, and build police and community relationships. Last year, we had a crowd of well over 200—the largest event in the Mt. Vernon District.

We are especially honored by the attendance of our local police officers and representatives from Fairfax County. This is a great opportunity to show the police, County Supervisor, and local residents that Jefferson Manor is a vibrant community with active neighbors who care.

Building community is at the heart of Jefferson Manor's Neighborhood Watch program, so come out on August 6 to meet your neighbors and community supporters, enjoy free food, and learn more about the activities in Jefferson Manor.



Construction in Jefferson Manor

After five years of work by the JMCA, the N. Kings Hwy median strip is finally installed. As of this writing, the median is complete, and repaving and striping of the roadway is underway. This is a great improvement to pedestrian safety along this corridor. Special thanks to Supervisor Jeff McKay and his staff for coordinating the effort between FfxDOT, VDOT and WMATA.

Sidewalk repairs along storm drains are also wrapping up as of this writing. This project was to fix sections of concrete around storm drains that had settled since being installed a decade ago. Streets impacted by this include Jefferson, Farmington, Farnsworth and part of Edgehill.

Summer Reading

How to help kids read for fun...

Visit the Library

Fairfax County Public Library has a summer reading program for children and teens. You can sign up online at www.fairfaxcounty.gov/library/srp/ or in person at any library branch. Kids can get their own library cards. The libraries have recommendations for ages and reading levels—or just let kids browse and pick out what interests them.

Pick a theme

Are you planning to go to the beach, the zoo, a baseball game, a family road trip? Find books that relate to your activity.



Family reading time

Are you tired of reading *Goodnight Moon* for the billionth time? Do you have kids of different ages? Choose a classic book, gather the whole family, and read a chapter out loud every night. Great family books are the *Little House* series, *Treasure Island*, and *Stewart Little*.

Set an example

When kids see adults reading for pleasure they are more likely to see reading as a pastime and not a chore. Grab a paperback and enjoy!

A Cooling Breath

As we move into July, the heavy heat and humidity of the D.C. summer tends to send folks inside for respite. I'm extraordinarily grateful to have air conditioning and have not forgotten the 4 days without power thanks to last year's derecho. One yogic way to cool down whether it is outside in the heat or inside with a fever—or if you are working to keep your cool while maintaining your focus—is a breath known as sitali pranayam.

To practice this breath:

- sit quietly and close your eyes
- stick your tongue out and curl the ends of your tongue up and towards each other as if you are trying to form a "U"
- slowly inhale through the mouth drawing the breath through your tongue as if it were a straw
- exhale through your nose
- repeat for 3 minutes.

You may notice a slightly unpleasant taste when you begin this breathing pattern. This is simply your body releasing toxins and will pass as you continue practicing sitali pranayam.

---Natalie Arbuckle, www.novayogi.com



KAREN OGDEN OLMSTEAD
REALTOR®

Springfield Office
7202 Old Keene Mill Road
Springfield, VA 22150
Office: 703-451-9400
Direct: 703-452-3951
Fax: 703-451-8023
Karen.Olmstead@longandfoster.com



When you can't "DIY" let "DDI" ...

DONNIE DO IT!

Donald Ray Bryant
30 years experience
Plumbing, Painting, and Handyman Services

Conveniently located in the
Jefferson Manor Neighborhood
571-318-0908 or DonnieBryant12@aol.com
www.donniedoit.com



UNIQUE SOLID WOOD FURNITURE - ART AND HOME DECOR
From exotic Bali island - Indonesia



The Joglo House
Our goal is to provide you with unique, high-quality, solid-wood furniture at affordable prices

5735-A Telegraph Road , Alexandria VA 22303
Phone : 703-347-2852, 703-329-3071, Fax : 703-329-2935.
Business Hours : Tues - Fri 10.00 AM - 7.00 PM
Sat 9.00 AM - 8.00 PM
Sun 10.00 AM - 5.00 PM
Mon CLOSED






www.joglohouse.us
info@joglohouse.us

We sell hand crafted products such as :
Art painting, Textiles, Carvings, Sculpture, Accessories,
Home decor, and Unique solid wood furniture, Tables,
Consoles, Chairs, Benches, Cabinets.
Wood made from Teak , Suar, Rose, Hibiscus .

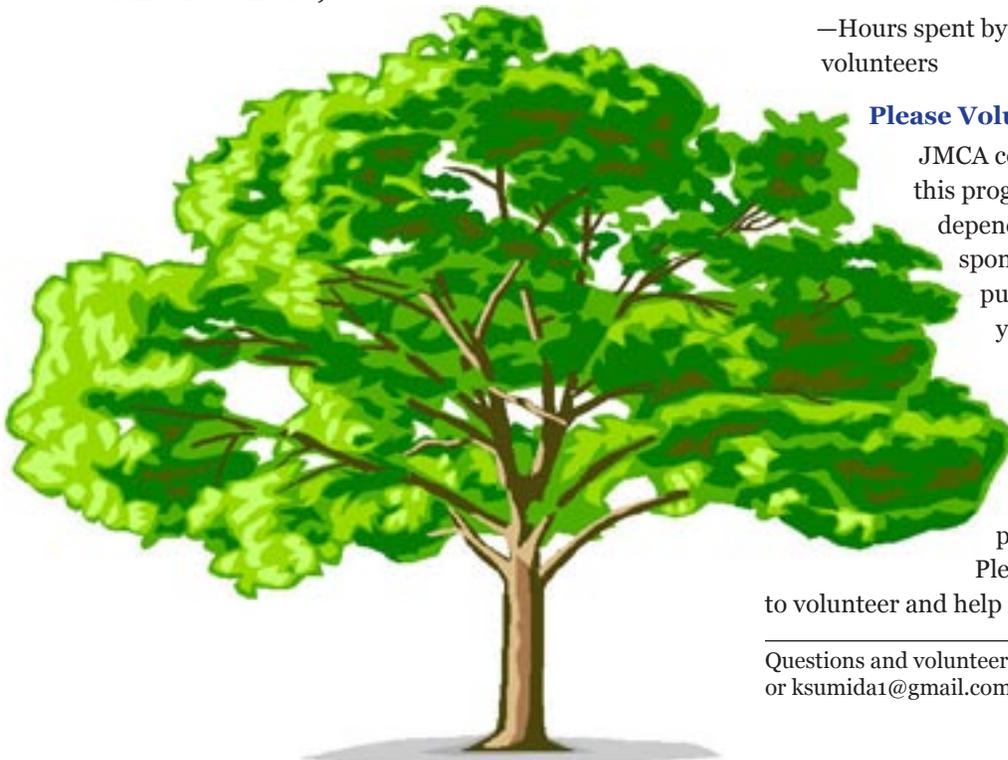
Tree't Your Neighbor!

Thinking about sprucing up your yard by planting a tree—or better yet, treating your neighbor to a tree? JMCA and Fairfax County will fund \$70 for a tree costing \$100 or more! JMCA applied for and received a grant through the Fairfax County Neighborhood Enhancement Partnership Program to promote community enhancement, involvement and neighborliness that includes a tree planting program. We can fund up to 30 trees to beautify Jefferson Manor!

All you have to do is to get one of your neighbors to sponsor your tree or treat anyone living in Jefferson Manor to a tree by being a sponsor yourself.

Here's how it works:

1. Fill out the Tree't Your Neighbor Form (on next page) and email or send it to Kat Sumida at: ksumida1@gmail.com or 5848 Monticello Road, Alexandria, VA 22303
2. Select a tree planting date: Saturday October 12 or Saturday October 19 (backup date if inclement weather—Saturday October 26).
3. Kat will contact you and your sponsor to confirm receipt and make arrangements to meet on the tree planting date.
4. JMCA will provide \$70 for a tree that costs at least \$100 at one of the local nurseries that is helping us out by discounting the retail price of the tree.
5. Select your own tree and make up the difference of at least \$30.
6. Transport and plant the tree! (We'll help if we have volunteers available.)



Program Requirements:

- Your form must be submitted by September 30, 2013. Submit early as we only have funding for 30 trees.
- You and your sponsor must be JMCA members.
- Your tree must be planted no later than October 26, 2013.
- You and/or your sponsor agree to:
 - Contribute at least \$30 towards the purchase of the tree
 - Provide planting material such as mulch
 - Put in at least 6 hours combined time to select, transport and plant the tree
 - Provide documentation to JMCA on the above
- JMCA agrees to collect all required participation documentation including:
 - Cost of the tree and planting materials
 - Costs for transportation
 - Hours spent by you, your sponsor and other volunteers

Please Volunteer:

JMCA could really use your help to make this program work. Not only does our funding depend upon the “sweat equity” that tree sponsors, tree recipients and JMCA are putting into the trees, but some of your neighbors could use your time, resources, and expertise to help them out. Do you have a truck that can be used to transport a tree or get mulch from the county facility? Could you possibly help someone who may be physically unable to plant their tree?

Please contact Kat below if you are willing to volunteer and help out your neighbors.

Questions and volunteering contact: Kat Sumida at 703-625-2010 or ksumida1@gmail.com

TREE't Your Neighbor Form

We wish to participate in JMCA's Tree Planting Project. We agree to contribute at least \$30 toward the purchase of the tree, provide planting material and volunteer at least 6 hours combined time to select, transport and plant the tree.

Tree Sponsor _____

Name _____

Street Address _____, Alexandria, VA 22303

Contact Phone _____

Email _____

Tree Recipient _____

Name _____

Street Address _____, Alexandria, VA 22303

Contact Phone _____

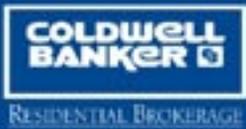
Email _____

Tree Planting Date _____

JMCA Use Only: _____

Date Received _____

Date Contacted _____



JEFFERSON MANOR'S REAL ESTATE MARKET REPORT FOR THE SUMMER OF 2013

Status	Address	BR	BA	List\$	Sold\$	Settled
* UC	2859 Fairhaven	2	2	\$395000	\$395000	7/11/2013
Sold	6030 N Kings Hwy	2	1	\$289000	\$300000	6/26/2013
Sold	6014 Monticello	2	3	\$429000	\$429000	6/21/2013
Sold	2731 Farnsworth	2	1	\$389900	\$385000	6/20/2013
Sold	2809 Jefferson	3	2	\$399000	\$399000	6/19/2013
Sold	6000 Williamsburg	2	2	\$389000	\$390000	6/14/2013
Sold	2735 Farnsworth	2	2	\$399000	\$393000	6/14/2013
Sold	6018 Monticello	2	2	\$360000	\$355000	5/31/2013



Tom Rickert is the resident Jefferson Manor Specialist with 18 years experience and over 175 sales & rental transactions in Jeff Manor!

Phone—**703-447-7901**

Email—realtor@crosslink.net

Information provided by area Metropolitan Regional Information Systems. It may contain sales not made by this Coldwell Banker agent or Coldwell Banker. Information deemed reliable, but not guaranteed. *Tom's sales.

Thinking of Selling, Renting or Buying? In any real estate market, going with the Local expert is always a good idea. Now offering property management & tenant screening services.

COLOR FLOORING KITCHEN & BATH DESIGN CENTER

5739 Telegraph Road Alexandria VA 22303 703-960-0220

WWW.COLORFLOORING.COM

Hours: Monday-Saturday 10AM - 6PM Sunday-Closed

We provide complete in-house kitchen & bath remodeling
from framing to the fixtures

UPTOWN SERVICE AT NEIGHBORHOOD PRICES



In your
neighborhood
for over
20 years

Wellborn Cabinets



Exotic &
Eco-friendly
Flooring
Cork
Bamboo
Marmoleum

Ceramic &
Porcelain Tile

BR111 - Exotic
Hardwood Flooring

Granite Counter
Top & Back Splash

Fine Carpeting - Rivington - Ohno - Hibernia - Fiberworks
Vinyl Sheet & Tile
Solid & Engineered Hardwoods

How to Avoid Being Hacked

My clients ask me all the time, “How can I avoid getting hacked?” In my years of helping people get out of technology jams, a few basic rules have risen to the top.

Stop using Internet Explorer!

“But Kyla,” everyone says, “It came with my computer, and it’s the best!” It’s all full of swiss cheese holes in security. Use Google Chrome (chrome.google.com) or even FireFox, (www.getfirefox.com). Worried because Google reads everything? Guess what, so does Internet Explorer. You might as well use the browser that has the best security, and that’s Chrome.

Use good passwords.

“Password” is the worst password out there! But “Pa55wor6!” is actually quite a good password. Use an uppercase, a symbol and number to ensure super security.

Use a different password for EVERY site you visit.

I can’t stress enough how important this is. If someone does manage to get ahold of your password, the first thing they are going to do is try the big bank websites, then facebook, then your e-mail. You’ll stop a hacker in their tracks if you use a different password at each site. Even if it’s just slightly different, it’s enough. And if you don’t want to have to remember those passwords, use a password remembering site. I really like www.lastpass.com.

Don’t give information to suspicious looking websites.

If a website doesn’t look right, is asking for a lot of personal information to create an account and no one you know has heard of it, chances are, it’s a sham. Personal information includes your birthday, your driver’s license or social security number, or your home phone number. If you really don’t know, send me an email with a link to the site, and I’ll happily check it out.

Get good anti-virus software.

I like AdAware (www.lavasoft.com) for it’s ease of installation, cost (free version!) and how nicely it runs in the background. Avast! (www.avast.com) is also quite awesome and provides an antivirus for IOS devices. That isn’t needed, but it’s cool to see it’s happening.

Kyla Lupo (kyla@SmartAgainTutor.com) is the Chief Executive of Everything for Smart Again Tutoring (www.smartagaintutor.com). She specializes in helping super small businesses use technology to get more done in less time. She also enjoys teaching classes to adults who want to learn how to use new technology with a minimum of frustration. She and her husband Vince have lived in the Manor for 7 years with their 3 cats. In her spare time she plays the banjo and knits, though not at the same time.

Neighbor News

Keri, Emma, and Todd Whaley of Albemarle welcome the arrival of their newest family member, Adelyn Anne, born on June 21, 2013, at Virginia Hospital Center in Arlington. The family could not be more excited, and Emma cannot wait to have someone new to chase around the house. The cats have gotten boring.



Free Carbon Monoxide Alarms Available for Residents

Carbon monoxide is a colorless, odorless and tasteless gas. It causes about 300 accidental fatalities in homes each year and thousands more are treated in hospitals.

Prevent carbon monoxide exposure by:

- ▶ Having your heating system, water heater and any other gas, oil, or coal burning appliances serviced by a qualified technician every year.
- ▶ Installing a battery-operated CO detector in your home and check or replace the battery when you change the time on your clocks each spring and fall. If the detector sounds leave your home immediately and call 911.
- ▶ Seeking prompt medical attention if you suspect CO poisoning and are feeling dizzy, light-headed, or nauseous.
- ▶ Not using a generator, charcoal grill, camp stove, or other gasoline or charcoal-burning device inside your home, basement, or garage or near a window.
- ▶ Not running a car or truck inside a garage attached to your house, even if you leave the door open.
- ▶ Not burning anything in a stove or fireplace that isn’t vented.
- ▶ Not heating your house with a gas oven.



Fairfax County now has a limited number of carbon monoxide alarms available for Fairfax County residents who may need one. Your local fire and rescue station will come to your home and install the alarm for you. For further information or to request an alarm for your home, please contact the Public Affairs and Life Safety Education Section at 703-246-3801.

Do You Like Beer?

Do you choose restaurants based on their beer selection?

Do you think it might be fun to try brewing your own beer, or have you tried homebrewing and want to step up your game?



This year’s Home and Garden Tour revealed that there are many homebrewing and beer aficionados in Jefferson Manor. Inspired by that and a few well-placed beverages, we decided to help fill your glass by starting the Jefferson Manor Brew Club! Several of us forming the Brew Club have been homebrewing for years, worked at a local brewery, and taught classes on how to brew and on different beer styles.

We’re planning that the Brew Club will have something for anyone from the advanced homebrewer to the beer enthusiast looking to dabble in homebrewing, or even those who just enjoy some beer appreciation activities. The Beer Club will focus on homebrewing events, such as group brew-ins, homebrew swaps/critique, and assistance to novice brewers. But we’ll also do some fun beer appreciation events, like guided tastings and beer classes.

To get things started, we thought we would have a low-key beer-related get together, where we can meet & greet, as well as gauge the interests of people who want to get involved. So, please join us for a Beer Swap Social at 6021 Williamsburg Road on July 14 from 2 to 4 p.m. Bring some of your favorite beer, or even some homebrew, to share.

And if you can’t make the Beer Swap Social, but are interested in the Brew Club, send us a message at JMBrewClub@gmail.com, and we’ll keep you posted on future events.

Hope to see you on July 14th!

In the Dark?

When your power is out, contact Dominion Power immediately to report the outage.

- **1-866-DOM-HELP (1-866-366-4357)**
- **<https://www.dom.com/storm-center/reporting-outages.jsp>**
- **www.dom.com on your mobile device**

Buy a Jefferson Manor T-Shirt

Want to show your pride in your community? Own your very own Jefferson Manor T-Shirt. Contact president@JeffersonManor.org, or purchase at the next JMCA event. Shirts are \$15 each.



 **Jefferson Manor Citizens Association**

Any residents of the Jefferson Manor subdivision over the age of 18 and non-resident owners of property in the Jefferson Manor subdivision are entitled to membership in the Jefferson Manor Citizens Association. Membership dues are \$20 per household (\$10 for seniors) per calendar year. Complete this application & mail with a check or money order to:

JMCA
P.O. Box 4104
Alexandria, VA 22303

Visit the JMCA website at <http://www.jeffersonmanor.org> for a color version of this newsletter.

2013 MEMBERSHIP APPLICATION

- Renewal (\$20) New Member (\$20) Senior (\$10)

Name(s): _____

Address: _____

Email: _____

Phone: _____

I have included an additional \$_____ as a donation to JMCA to help with the publication cost of Neighborhood News.

TOTAL ENCLOSED: \$_____ Check/money order Cash

I am willing to help deliver newsletters (once every other month).

I am interested in the following:

- JMCA Website Social Committee Home Improvement Committee
 Green Committee Transportation issues Land Use issues
 Neighborhood Watch Newsletter

Other notes: